Handbook for the International Student
MESSAGE FROM THE DEAN

Dear International Student:

We are pleased to give you a copy of the 2013-2014 Handbook for the International Student in Supélec. Keep it with you for reference. You will find important information and tips ranging from Academic Affairs to Savoir Vivre. It complements the information the Admissions team has sent you. Some of you may not find the information they are looking for in this guide. If so, ask our different Supélec offices.

During your stay with us, you will have the opportunity to live a unique experience from the inside of a top-tier French Grande Ecole whose tradition, since established in 1894, has been to transmit knowledge and academic excellence while providing personal development. Whatever the program you choose at the undergraduate or graduate level you will most certainly find a course that interests you and supports your career aspirations.

Two of the greatest resources of our school are our Faculty, who is highly involved in research and our students, some of whom you will befriend for life.

You will also take advantage of the great opportunity to live and study close to Paris where you will enjoy a rich and entertaining cultural life.

We are delighted that you chose Supélec and we all look forward to welcoming you during the academic year 2013-2014.

Once again, bienvenue, and I wish you every success and happiness in your studies at Supélec.

Pr. Claude Lhermitte
Dean of Supélec International Affairs

Every effort has been made to ensure the accuracy of the information contained in this handbook. Supélec reserves the right to make changes to the information given. Applicants will receive additional, current information during the admission process and on joining our school.
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Supélec
Plateau de Moulon
3 rue Joliot Curie
91192 Gif-sur-Yvette Cédex, France
Tel: +33.1.69.85.12.12
Website: www.supelec.fr

International Affairs
tel: +33.1.69.85.12.44
+33.1.69.85.12.46
e-mail: international@supelec.fr

Operating hours:
weekdays: 7:30am – 8:00pm

International Office hours:
generally: 8:30am – 6:00pm
Open during lunchtime

Special thanks to Ms. Pascale Steinmetz for her contribution to this work
HOW TO PREPARE FOR YOUR STAY IN FRANCE

ASKING FOR A VISA

Ministère des Affaires Etrangères
Campus France
Egide
Cnous

http://www.campusfrance.org
http://www.egide.asso.fr
http://www.cnous.fr

- The **visa** allows you to enter the French territory.
- The **carte/titre de séjour** allows you to stay on the French territory for over a 3 month period. It is recommended to ask for a multi-year **carte de séjour**. That way the administrative steps will be made easier allowing you to stay in France for the full duration of your studies.

As a general rule, a visa is required, unless you are exempt, and should be applied for in your country of residence before your departure. You must therefore make an appointment with the French Consulate in your country to obtain a visa. Warning: your passport must be valid for a sufficient period. Please note: once you have entered France, you cannot make any modifications to your visa.

There are 3 types of visa:

1. **The short-stay visa ("Schengen visa")**

The "Schengen visa" allows visitors to move freely within the countries in the **Schengen area**. This allows an uninterrupted stay or several successive stays of up to 90 days (three months) in a six-month period. The "Schengen visa" is usually issued for tourist trips, business trips and family visits. It can also be used for short courses, internships and paid activities, providing a temporary work permit has been obtained (athletes in a championship, artists on tour, employees on assignments, etc.).

2. **The transit visa**

This visa allows visitors to stay in the **Schengen area** for up to 5 days.

3. **The Visa de Long Séjour (long-stay visa)**

Issued for stays lasting more than three months, this long-stay visa is mainly issued for education, work and family reunification purposes.

Upon your arrival in France, you must register with the **Office Français d’Immigration et d'Intégration** (French Office of Immigration and Integration) or at the relevant prefecture to obtain a residence permit.
Which citizens do not require a visa?

Citizens of a European Union member state, the EEA (European Economic Area) and Switzerland are not required to have a *Visa de Court Séjour* (short-stay visa). European regulation specifies the list of all other countries whose citizens do not require a *Visa de Court Séjour* to enter the Schengen area.

Regarding the *Visa de Long Séjour*, only citizens of a EU member state, the EEA (European Economic Area), Switzerland, Monaco and Andorra do not require visas to enter and stay in France.

What documents do I need to present on entering France?

In order to enter France, all foreign citizens must be able to present:

- A travel document (passport) recognised by France, which must be valid for more than 3 months (the expiry date of the *Visa de Court Séjour*);
- Unless they are exempt, a valid visa indicating the reason for and duration of the intended stay;
- Documents regarding means of support during the stay and repatriation guarantees;
- Documents depending on the purpose of the stay, i.e. whether it is a tourist trip (conditions of the stay), a business trip (details on the establishments the traveller will be visiting), a family or private visit (proof of accommodation or exemptions when the stay is a humanitarian trip or part of a cultural exchange, or regards an urgent medical issue or the funeral of a loved one), or the traveller is in transit (details of the stay and accommodation during transit, ticket and visa for the country of destination).

The following are not required to present documents:

- Foreign citizens in possession of a French *Titre de Séjour* (residence permit);
- Citizens of an EU member state, the EEA (European Economic Area), Switzerland, Andorra and Monaco;
- Foreign citizens with the following note on their visas: "French family", "EU family", "Travel visa" or "Residence permit to be requested upon arrival in France";
- Members of diplomatic missions and consular posts taking up their duties in France; members of parliamentary assemblies; foreign Civil Service officials and agents bearing a mission letter from their government; officials of an intergovernmental organization of which France is a member, bearing a mission order from said organization; crew members of ships and aircraft travelling on-duty.


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The Visa

- Every non E.U person must obtain a long-stay visa D CESEDA R-311-3 alinéa 6 or visa CESEDA L-313-7 alinéa 2 to enter France and stay longer than 3 months
- To obtain your visa, you must make an appointment with the French Consulate in your home country
- To obtain a long-stay visa (D), you must have been admitted into a French higher Education institution.
- A Tourist visa cannot be changed into a Student visa. As a rule, once you have entered France, you cannot make any modifications to your visa.
ASKING FOR A CARTE/TITRE DE SEJOUR (Residence Permit)

To obtain a carte de séjour you are required to have a valid passport. You will be charged €77.

The carte de séjour is an official document allowing you to be a legal alien in the Schenghen countries if you are NOT a E.U. student. It is then possible for you to travel from one country to another if you have a visa or a carte de séjour from one of these European countries.

Every NON E.U. student must have a carte de séjour for the duration of their program in Supélec.

Renewal of carte de séjour must be imperatively made 2 months prior to the expiration date of first one. You will be charged another €49 for this.

Where can you obtain your carte de séjour?

Before asking for a carte de séjour, you first need to have a place to live in France. Your address in France is associated to a Préfecture (administrative center) where you can obtain le carte de séjour.

Contact Supelec Students Affairs, they will make the process easier.

Required documents:

<table>
<thead>
<tr>
<th>EU students</th>
<th>NON EU students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carte de séjour is not mandatory</td>
<td>You can stay in France with a valid passport and a D visa Long Séjour CESEDA L 313-7</td>
</tr>
</tbody>
</table>
| EU students must come from: Germany, Austria, Belgium, Cyprus, Denmark, Spain, Estonia, Finland, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, The Netherlands, Poland, Portugal, The United Kingdom, Slovakia, Slovenia, Sweden, Switzerland, the Czech Republic, Iceland, Norway and Liechtenstein. | 2 months before the expiration date you need to ask for a carte de séjour. The carte de séjour has to be renewed every year (except for multi-year titre de séjour). Among the documents to provide are:
  • Cerfa form (see Students Affairs)
  • Valid passport
  • 1 birth certificate (Extrait d’acte de naissance) translated into French by official translators (list of official translators and interpreters on http://www.ceticap.com/)
  • 3 recent pictures (35 x 45 mm): bare-headed, white background. Scanned pictures are not authorized. Pictures can be done at professional photographer's store in Orsay or in Carrefour supermarket in Les Ulis city
  • Proof of domicile in France
  • OFII form (medical examination form)
  • Proof of financial resources (corresponding to a minimum €615 per month) |
| The carte de séjour can be obtained between 4 to 12 weeks. In the interim, you will receive a Récépissé which is valid for 3 months. | |
TRAVELING & EMBASSIES IN PARIS

TRAVELING
For students from outside the European Union and from E.U most recently added countries:
It is not possible to travel the Schenghen countries if you have not already received a carte de séjour.
The Récépissé delivered by the Préfectures (before you are officially granted your carte de séjour) will not work.
Students from outside Europe will not be able to travel European countries.
The only way to travel European countries when you are not European is to request a Tourist Visa for every European country you plan to visit, from your home country, before arriving at Supélec,

EMBASSIES IN PARIS

<table>
<thead>
<tr>
<th>ALGERIA EMBASSY</th>
<th>PAKISTAN EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 rue Argentine, 75016 Paris</td>
<td>18 rue Lord Byron, 75008 Paris</td>
</tr>
<tr>
<td>+33.1.53.72.07.07</td>
<td>+33.1.45.62.23.32</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BELGIUM EMBASSY</th>
<th>PORTUGAL EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 rue de Tilsitt, 75017 Paris</td>
<td>3 rue Noisiel, 75116 Paris</td>
</tr>
<tr>
<td>+33.1.44.09.39.39</td>
<td>+33.1.47.27.35.29</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BRAZIL EMBASSY</th>
<th>REPUBLIC OF SINGAPORE EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>34 cours Albert 1er, 75008 Paris</td>
<td>12 sq Avenue Foch, 75116 Paris</td>
</tr>
<tr>
<td>+33.1.45.61.63.00</td>
<td>+33.1.45.00.33.61</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CANADA EMBASSY</th>
<th>RUSSIA EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>35 avenue Montaigne, 75008 Paris</td>
<td>40 Boulevard Lannes, 75116 Paris</td>
</tr>
<tr>
<td>+33.1.44.43.29.00</td>
<td>+33.1.45.04.05.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHINA EMBASSY</th>
<th>SPAIN EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>20, rue Washington, 75008 Paris</td>
<td>165 Boulevard Malesherbes, 75840 Paris</td>
</tr>
<tr>
<td>+33.1.53.75.88.31</td>
<td>+33.1.44.29.40.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FEDERAL REPUBLIC OF GERMANY EMBASSY</th>
<th>TUNISIA EMBASSY</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 av Franklin Roosevelt, 75008 Paris</td>
<td>25 rue Barbet de Jouy, 75007 Paris</td>
</tr>
<tr>
<td>+33.1.53.83.45.00</td>
<td>+33.1.45.55.35.98</td>
</tr>
</tbody>
</table>

HOW TO FINANCE YOUR STUDIES IN SUPELEC?
Being successful in your educational program starts well before leaving for France. Check with your home university if some scholarship programs have been implemented with Supélec.
If not, have a look at www.diplomatie.gouv.fr/étudier en France.

www.campusfrance.org/fr/page/campusbourses-annuaire-des-programmes-de-bourse
**EXPENSES & BUDGET**

<table>
<thead>
<tr>
<th>Planning expenses fees upon arrival</th>
<th>Planning your monthly budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>An approximate € 1.225 budget is expected to get you settled. You will have to pay for:</td>
<td>For a student living on campus for AY 2012/2013, The estimated budget was approximately € 665. Details are as follows:</td>
</tr>
<tr>
<td>-Rent</td>
<td>Rent : €390 (+/- € 190 deducted if APL eligible)</td>
</tr>
<tr>
<td>-Another € 400 security deposit or <em>la caution</em> is required</td>
<td>CROUS restaurant + breakfast &amp; dinner : € 205</td>
</tr>
<tr>
<td>-A home insurance policy is compulsory</td>
<td>Entertainment : € 55</td>
</tr>
<tr>
<td>-The monthly rent is due on the 1st day of every month</td>
<td>Miscellaneous : € 55</td>
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<tr>
<td></td>
<td></td>
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<tr>
<td>€ +/- 390 per month</td>
<td>€ +/- 995</td>
</tr>
<tr>
<td>€ 400</td>
<td>€ 205</td>
</tr>
<tr>
<td>€ 205</td>
<td></td>
</tr>
<tr>
<td>Makes a total of € +/- 995</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>€ +/- 30 (€ 3.00 for a one-way suburban train ticket. Makes 10 one-ways or 5 round trips). Get a <em>carnet</em> (10 tickets) which will be cheaper or a Pass</td>
<td></td>
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<tr>
<td></td>
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<tr>
<td>€ +/- 30</td>
<td></td>
</tr>
<tr>
<td>€ 207 (in 2012-2013)</td>
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<td></td>
<td></td>
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<tr>
<td>From € 270 to 6 445 €</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>€ 207 (in 2012-2013)</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>-Tuition fees if your school does not have an exchange agreement with Supélec</td>
<td></td>
</tr>
<tr>
<td>-Medical insurance coverage or social security which is mandatory for all students, whether of French or foreign nationality</td>
<td></td>
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<tr>
<td>-It runs from Oct. 1 to Sept. 30</td>
<td></td>
</tr>
<tr>
<td>-E.U students can be waived the French <em>Sécurité Sociale</em> coverage provided they show proof of valid social security coverage (e.g., European Health card</td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>From € 108 to € 600</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>€ 207</td>
<td></td>
</tr>
<tr>
<td></td>
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<tr>
<td>-A private health insurance (optional) called <em>Mutuelle</em>. The Smerep or the LMDE are the main ones. They cover for civil liability, repatriation, and accident</td>
<td></td>
</tr>
<tr>
<td>-A private insurance (mandatory) to cover for civil liability if you do not subscribe to Smerep or LMDE.</td>
<td></td>
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<tr>
<td></td>
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<tr>
<td>From € 108 to € 600</td>
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<tr>
<td>€ 108</td>
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<tr>
<td>€ 600</td>
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</tr>
<tr>
<td>€ 30</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>-Money to pay for meals</td>
<td></td>
</tr>
<tr>
<td>-Library deposit</td>
<td></td>
</tr>
<tr>
<td>-Book rental is free</td>
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<tr>
<td>-Make certain you have returned all your books. If not, you will not be delivered your Supelec degree</td>
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<tr>
<td>€ 15.50/week (€ 3.10 for a standard meal at the CROUS restaurant)</td>
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<tr>
<td>€ 15 (returned in June if all books are brought back)</td>
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</table>
WEATHER CONDITIONS & CLOTHING

For those of you who are not familiar with France and the Paris area, here is a short description of the average weather conditions and some suggested clothing.

Gif-sur-Yvette Supélec campus is located south of Paris (20 miles/30km) on Plateau du Moulon. In winter temperatures may easily drop below 5° C with wind-chill factor.

<table>
<thead>
<tr>
<th>SEASON</th>
<th>TEMPERATURE</th>
<th>SUGGESTED CLOTHING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Late Summer/early Fall</td>
<td>25-20°C</td>
<td>T-shirts, jeans, light pants, summer shoes, sneakers, hat</td>
</tr>
<tr>
<td>Fall</td>
<td>18-12°C</td>
<td>Sweaters, long-sleeved shirts, raincoats, umbrella</td>
</tr>
<tr>
<td>Winter</td>
<td>8-0°C (snow in Jan and Feb.)</td>
<td>Boots, gloves, woolen hats, winter jacket, warm sweaters, pullovers</td>
</tr>
<tr>
<td>Spring</td>
<td>15–20°C</td>
<td>T-shirts, jeans, umbrella</td>
</tr>
</tbody>
</table>

WHAT TO BRING TO MAKE SETTLING INTO CAMPUS A LITTLE SMOOTHER

Bath

| Regular toiletries (soap, shampoo, toothbrush, toothpaste, towels, toilet paper) |

Bedding

| Pillow, a pillow case, extra blanket |

Room

| An alarm clock, an adaptor, an Ethernet cable (standard RJ-45 cable), a phone card to call home |

Medicine

| Aspirin, cold medicine, vitamins |

School

| Backpack, notebooks, a laptop. Do not buy books until you get a professor-approved book list |

Food & Cash

| Your own food if you arrive on a Sunday as most stores are closed on Sundays in France |
| Approximately €500 in cash to survive the first “bill-me” weeks. ATM outside campus (to your right when leaving Supélec) which accepts most cards from around the world: VISA, MasterCard… |
ARRIVAL IN SUPELEC

ARRIVAL BY AIRPLANE & RER TRAIN

There are two main airports in Paris: Roissy-Charles de Gaulle (CDG) and Orly.

**Taxi:** from Charles de Gaulle (CDG), the fare is approximately € 90. From Orly, it is approximately € 50.

If you arrive at CDG, you also have the option to ride the RER B (suburban express train) heading to Saint-Remy-les-Chevreuse. Get off at Le Guichet (4 stops after Massy-Palaiseau). Beware: not all trains stop at Le Guichet. Check from lit signs. See metro-RER maps p.29.

If you have a lot of luggage it is not recommended to ride the RER as you will have to call a taxi at Le Guichet. It is highly recommended to just take a licensed taxi from the airport.

But if you do not have too much luggage, see link [www.ratp.fr](http://www.ratp.fr) to find the train schedule to **Le Guichet** stop.

If you have a lot of luggage, once again, it is really not recommended to take the RER. Just take a licensed taxi from the airport.

Additionally, there is a train service (Orlyval) between Orly and Antony RER B stations. Switch to RER B line and head to Saint-Remy-les-Chevreuse. Get off at **Le Guichet**, 4 stops after Massy-Palaiseau. Beware: not all trains stop at Le Guichet. Check from lit signs. See metro-RER maps p.29.

If you have a lot of luggage, once again, it is really not recommended to take the RER. Just take a licensed taxi from the airport.

If you travel with little luggage, see link [www.ratp.fr](http://www.ratp.fr) to find the train schedule to **Le Guichet** stop.

If you arrive on a Saturday, you can take bus 91/06A from Massy-Palaiseau RER B station heading to SAINT-QUENTIN GARE ROUTIERE, to the Mouلون stop.

FROM LE GUICHET STATION TO SUPELEC CAMPUS

From **Le Guichet** Station to Supélec, you will have to take bus number 9 to the **Supélec** stop. Beware: there is no bus 9 on weekends.

Additionally, there is a train service (Orlyval) between Orly and Antony RER B stations. Switch to RER B line and head to Saint-Remy-les-Chevreuse. Get off at **Le Guichet**, 4 stops after Massy-Palaiseau. Beware: not all trains stop at Le Guichet. Check from lit signs. See metro-RER maps p.29.

If you have a lot of luggage, once again, it is really not recommended to take the RER. Just take a licensed taxi from the airport.

If you travel with little luggage, see link [www.ratp.fr](http://www.ratp.fr) to find the train schedule to **Le Guichet** stop.

On Sundays the licensed taxi fare is usually higher from the airport (up to an extra € 20 to €30) to your final destination, and Parisian taxis are allowed to refuse a ride to Gif-sur-Yvette or Supélec. It is quite rare, though.

THE SUBWAY or “LE METRO”

If you want detailed information, check out [www.ratp.fr](http://www.ratp.fr).


The last train back from central Paris (Chatelet) is around 12:30am on weekdays. Traffic is reduced on weekends.

**Fares:**
+/- € 1.70 for a one-way ticket (14 metro lines inside Paris)
+/- € 4.00 for a one-way suburban ticket (Paris + suburbs). Fare may vary according to destination

We suggest you bring your own car—if you do not come from too far, as the bus service is reduced on Saturdays, Sundays and bank holidays. Only bus 91.06A might work.

The fastest way to get to the RER station on weekends is on foot (about 45 minutes).

As you may know, Supélec is not exactly in the center of Paris: it is an approximate 40 minutes commute south from the metro station of St. Michel and Chatelet-Les Halles (heart of Paris).

**How to reach downtown Paris with public transportation:**

Take bus 269.02 near Supélec gates and get off at the stop “Guichet RER arrivée”. Go to the RER station
(you will see it from the stop) and take the RER heading to Charles de Gaulle airport.

**OR**: Take bus 91.06A heading to Massy and get off at “Massy-Palaiseau RER”. Take the RER (you will see it also from the stop).

The bus schedules to go to Le Guichet or Massy-Palaiseau from Supélec are available at the reception desk (near North Entrance) inside the Supélec building.

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**GIF-SUR-YVETTE SUPELEC CAMPUS LOCATION**

Bird's eye view of Supélec campus:
SUPELEC BUILDING

Underneath is a map of Supélec ground floor:

Wing A is divided into:
Academic Affairs or Direction des Études: down the hall, to your right
Student’s Affairs or Secrétariat Général: down the hall, to your left
International Affairs or Affaires Internationales: to your left
CALENDAR (a few landmarks)

July 26- Aug 20  Supélec is out for Summer
First week of Sept.

Sept.3  Back to school for First Year students
Fri.-Tues.  Orientation Week
8:30am: meeting in Amphitheater Janet

Sept. 4  First Year students meetings
Wed.
8:45am: I.T
1:30pm: Languages and Sports

Sept.11  Back to school for Third Year students
Wed.
8:30am: meeting in Amphitheater Janet

Sept. 12  IT presentation for Third Year Students
Thu.
Sept. 12  Courses begin for Third Year students
Thu.
Sept. 13  Presentation for newly-admitted 2nd Year Students
Fri.
Useful academic information, sports and Languages (test)

Sept.16  Back to school for Second Year students
Mon.
8:30am: meeting in Amphitheater Janet

Sept. 16  Test of French as a foreign language:
Mon.
4:00 pm - 6:00 pm

Sept. 17  IT presentation for 2nd Year Students
Tues
Sept. 19  Conference on “The dangers of electricity” (pm)
Thu.
Sept.19  Courses begin for 1st Year and 2nd Year students
Thu.
Welcome Party for International Students
Mid Oct.

Nov. 1  All Saints’ Day
Fri.

Nov.8  Graduation Ceremony (2013 graduates)
Fri.
1918 Armistice Day
Nov. 11  End of term exams for Séquence 1 (First Year students)
Mon.
and séquence 5 (Second Year students)
Mid Nov.

Mid Dec.
Dec. 21-Jan.6  Christmas Holidays
Fri.-Mon
Dec. 25  Christmas Day
Wed.
Jan. 1  New Year’s Day
Wed.
Late Jan.
End of term exams for Séquence 2 (First Year students)
and for Séquence 6 (Second Year students)

Feb.21-March 3  Winter Break for Gif campus students
Fri.-Mon.
End of term exams for Séquence 3 (First Year students)
and for Séquence 7 (Second Year students)
End of March

April 11- 28  Spring Break
Fri.-Mon
April 20  Easter Sunday
Sun.
April 21  Easter Monday
Mon.
May 1  Labor Day
Thu.
May 8  1945 Victory Day (WWII)
Thu.
May 29  Ascension Day
Thu.
May 28-June 2  Ascension Break
Wed.-Mon.
June 8  Whitsun
Sun.
Mid of June
End of term exams for Séquence 4 (First Year students)
and for Séquence 8 (Second Year Students)

June 13  End of classes for First Year and Second students
Fri.
End of June-late June
Make-up exam session for all First and Second Year students
July 11  End of academic year
Fri.
**GETTING SETTLED**

**ON-CAMPUS ACCOMMODATION**

Residence halls are supervised by C.E.S.A.L. CESAL services are roughly as follows (complete details and housing forms will be sent to admitted students by Academic Affairs late July):

3 types of residence:

**Résidence 1**: single room + bathroom: € +/- 387
single room + common bathroom for 2: € +/- 359

On each floor one kitchen equipped with cooking plate. Fridge in each room. However, NO oven or microwave.

**Résidence 2**: single room + bathroom + small kitchen for 2: € +/- 405
studio + bathroom + small kitchen: € +/- 415

**Résidence 3**: studio + bathroom + small kitchen: € +/- 426
studio for a couple + bathroom + small kitchen: € +/- 666

Rooms are equipped with TV and telephone outlets, high speed internet access (bring Ethernet cable), bed, desk, closet, (single or common) bathroom.

**MAILBOXES**

When classes begin, 1st, 2nd and 3rd year students as well as Master Recherche students are given a mailbox secured by a combination code. Mailboxes are gathered in block 2 to 29 and located in the Supélec building basement (between wings E and A. See map p.11).

Besides regular mail, course handouts are automatically placed into mailboxes unless students are not “regular students” (i.e. not full time students or double degree students). In that case handouts will have to be bought from the Printing Services for +/- 10 cents a page. The Printing Services are located in the Supélec basement as well.

Exchange students (i.e. non degree students) will not have their mailboxes in block 2 to 29 but in block 71 to 87. These mailboxes will be allocated a few days after courses have started.

**HOUSING ALLOWANCES or ALLOCATIONS LOGEMENT**

European students and students staying for more than 1 semester requesting a French *Titre de séjour*, may apply for *Allocations Logement* also known as *APL* from the French government. To be eligible for *APL*, contact C.E.S.A.L. residence Manager when you get there. You may get as much as +/- € 190 per month; it is worthwhile applying – the earlier, the better – as it may take up to 4 months for the process to be completed. No retroactive effect is possible.

Beware: non-European students have to show proof of their *Titre de séjour* to benefit from *APL*.

Have a look at [www.CAF.fr](http://www.CAF.fr) for more details.
BANKING SERVICES & POST OFFICE

Banks:
Before attempting to open a bank account make sure you have checked into your apartment before as you will be asked for an address in France. French banks are generally open from 9:00am-12:00pm and 2:00pm-5:00pm. It is strongly recommended to open a bank account in France as banking operations from France can be very expensive.

Three French banks are represented in Supélec and hold office hours over lunch time (11:30am-2:00pm). They are located next to the P.E teacher’s office (wing F see map p.11).

<table>
<thead>
<tr>
<th>Société Générale</th>
<th>Credit Lyonnais</th>
<th>BNPParibas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays &amp; Fridays</td>
<td>Wednesdays</td>
<td>Mondays &amp; Thursdays</td>
</tr>
</tbody>
</table>

To open a bank account, bring the following documents:
- some identification: valid I.D or passport  
- original proof of domicile  
- Student card

Banks often provide a checkbook and a debit card with the bank account. You can also access your bank account and do banking operations on the internet. (A convenient but NOT free of charge service).

If your wallet is lost or stolen, you will have to faire opposition (stop your check or block your credit card). Call the emergency number the bank will have given you when opening your bank account. Go to the nearest police station or Commissariat to fill in the loss report.

A few words & what to do if your wallet is lost or stolen:
- Carte bleue: debit card  
- Compte courant: bank account  
- Chéquier: checkbook  
- Encaisser un cheque: cash a check  
- Relevé de compte: bank statement  
- RIB (mean for Relevé d’Identité Bancaire): bank details/bank identifier  
- Virement: wire transfer

The police will provide you with some temporary identification documents allowing you to be a legal alien.

Call the Embassy of the country you are from as well as your French bank in order to renew your card and checkbook. Some banks provide a theft protection contract. Ask them.

The Post Office:
Stamps can be bought at the post office or stationery (known as Tabac). €0.63 each or €7.56 for 12 stamps (carnet). Further info is available on: www.laposte.fr

For prices in France, check: http://www.laposte.fr/Particulier/Consultez-nos-tarifs/Tarifs-Courrier

For prices outside France, check: http://www.laposte.com/-how-it-works-77/?lang=en

There is a post office service at Supélec: 8:30am-12:00pm and 1:30pm-4:45pm

Stamp prices:
- For France: €0.63 (up to 20 grammes)  
- For Europe: €1.80 (up to 100 grammes)  
- For rest of the world: €2.35 (up to 100 grammes)

If no phone card or envelope is sold at Supelec post office, they can be purchased in regular post offices and Tabacs.
**PLACING A CALL:**

The phone in your room will not be activated when you get in; you will have to do it later in the week by calling the toll-free number 1014 and giving the number above your room door.

France Télécom offers special ‘Pastel’ cards that allow you to use any phone (payphone or private) and get billed directly to your bank account.

For international phone-calls, you can get phone cards at all *Tabacs*. A few students have tried buying cheap phone cards from [www.budgetelecom.com](http://www.budgetelecom.com). You must dial 68 immediately after you dial your personal access code in order to use the phone card.

You may also buy phone cards at any French post offices: they cost between €10 and €15; rates are not expensive.

If you stay in France long enough, you will probably need a cell phone. There are several companies available such as *Orange*, *SFR* and *Bouygues Télécom*. Visit the phone stores in Versailles, Vélizy, and Paris to get an idea.

Before buying a phone, inquire about available contracts (be careful: many of them are 1-year or 2-year contracts).

All of them have one thing in common: you “buy” minutes and text messages (SMS or *texto*).

Three types of contracts are proposed:

1) a prepaid card
2) a fixed amount of minutes and SMS per month
   Everything additionally spent will be charged
3) a fixed amount of minutes and SMS. Once you have spent it all you cannot use your phone until the next month.

In order to get a cell phone, you will need the following documents:
   A blank check from your French bank: you will not have to sign it
   Some identification
   A RIB (*Relevé d'Identité Bancaire*: bank account details)
CAMPUS RESOURCES

The library supports your study and research needs while you are at Supelec. Ask them for guidance. Open from Monday to Thursday, 8:30am-5:15pm and on Fridays from 8:30am to 4:15pm. Closed on weekends. During school breaks, the schedule is: Monday through Thursday: 8:30am-12:30pm / 1:15pm-5:15pm Fridays: 8:30am-12:30pm / 1:15pm-4:15pm

Be careful: there is no bookstore or convenience store at Supelec: paper, pens, calculators, English

French dictionary must either be brought from home or bought in local city stores

THE I.T DEPARTMENT provides and runs an important structure in support of teaching and research throughout the school. It can also help you with your computing and IT activities. 6 computer labs are available (see map p.11) comprising 72 PCs in rooms D2-04/ D2-05 and D2-23/ D2-24, D2-25, D2-26, and D2-27.

Secured WiFi is available throughout the campus and guaranteed (on ground floor of Supelec building) with your current username and password on supelec-wpa network.

To see how to connect to WiFi, please consult http://wifi.supelec.fr .

Get in touch with the department for any related problems you may have

DOCTORS: a General Practitioner/physician (Dr Peymayeche) comes on campus twice a week (office located in Residence 2). You will need to call the doctor before having an appointment: 01.69.07.81.90

Schedule: Mondays & Thursdays

A psychologist is on campus twice a week (Supelec basement near the Printing Services). Call for an appointment (Dr. Barillot: 01.60.10.38.62)

SPORTS: outside the sport class hours and as long as you show proof of medical coverage, you are free to do sport in:

Salle omnisport (also called « the crater ») see map p.11

Tennis courts near the CESAL Residences

Gym located in D1-04 underneath the library. Opens from 8:45am to 8:30pm. Fridays from 8:45 am to 8:00 pm. Closed on weekends.

Hitting the ball on the nearby city green, horse riding or having a dip at the Ecole Polytechnique swimming pool on Thursday evenings is possible but not free of charge. Ask the Association Sportive (BDS) for further information.
THE “CROUS” RESTAURANT/THE PIZZA PLACE/THE CAFETERIA

The CROUS is located in the Supélec basement. It is open from Monday to Friday from 11:30am to 1:30pm. A complete meal is €3.10 and is composed of a main dish + 3 side dishes (e.g.; cheese + dessert + entrée). A reduced service is available during school breaks.

The pizza place is located in south entrance (see map p.11). The schedule is from Monday to Friday from 12:00pm to 2:00pm. A different flavored pizza is served for each day of the week. Check from the menu list.

The cafeteria is located on first floor (see map p.11). The schedule is from Monday to Thursday 8:00am to 5:00pm – Fridays: 8:00am to 4:00pm. Payment can be made with Moneo smart card and charged for a minimum of €10 at the two teller machines in front of the staircases.

Underneath is the list of snack prices (2012/2013 prices) at the cafeteria:

<table>
<thead>
<tr>
<th>Sodas</th>
<th>Coca-cola, Schweppes, Orangina, Minute maid pommes, Sprite, Perrier</th>
<th>€1.10 to 1.60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee</td>
<td>Café/déca</td>
<td>€0.70</td>
</tr>
<tr>
<td></td>
<td>Cappuccino</td>
<td>€0.90</td>
</tr>
<tr>
<td></td>
<td>Café crème</td>
<td>€0.90</td>
</tr>
<tr>
<td>Hot cocoa</td>
<td>Grand chocolat</td>
<td>€1.00</td>
</tr>
<tr>
<td>Tea</td>
<td>Thé</td>
<td>€0.75</td>
</tr>
<tr>
<td>Water</td>
<td>Vittel 50 cl</td>
<td>€1.10</td>
</tr>
<tr>
<td></td>
<td>Evian 50 cl</td>
<td>€1.10</td>
</tr>
<tr>
<td>Fruit juice</td>
<td>Pampryl</td>
<td>€1.15</td>
</tr>
<tr>
<td>Chocolate bars</td>
<td>Mars, Bounty, Kit Kat, Nuts, Twix, M&amp;Ms, Snickers, Kinder</td>
<td>€1.20</td>
</tr>
<tr>
<td>Gums</td>
<td>Chewing gum</td>
<td>€1.20</td>
</tr>
<tr>
<td>Rolls</td>
<td>Pain aux raisins, pain au chocolat, chausson aux pommes</td>
<td>€1.20</td>
</tr>
<tr>
<td></td>
<td>Beignet (doughnut)</td>
<td>€0.95</td>
</tr>
<tr>
<td></td>
<td>Croissant</td>
<td>€0.70</td>
</tr>
<tr>
<td>Pizza</td>
<td>Pizza</td>
<td>€3.80</td>
</tr>
<tr>
<td>Pies, quiches &amp; sandwiches</td>
<td>Quiches et tartes</td>
<td>€2.60</td>
</tr>
<tr>
<td></td>
<td>Salade</td>
<td>€2.80 to 4.20</td>
</tr>
<tr>
<td></td>
<td>Croque monsieur</td>
<td>€2.20</td>
</tr>
<tr>
<td></td>
<td>Hot dog</td>
<td>€1.60</td>
</tr>
<tr>
<td></td>
<td>Sandwich</td>
<td>€1.50 to 3.40</td>
</tr>
<tr>
<td></td>
<td>Chips</td>
<td>€0.60</td>
</tr>
</tbody>
</table>

Payment can be made with Moneo smart card and charged for a minimum of €10 at the two teller machines in front of the staircases.


**ORGANIZATION**

The first and second year degree courses are identical on all three campuses. In the 3rd year, the 14 majors are spread between the different sites. Each campus has its own teaching staff and research personnel specializing in the major academic disciplines of the school.

First and second year syllabi include common core courses (mandatory for all students) as well as elective courses from scientific, cultural or business-related areas, or languages, sport and project work.

As Supélec courses are all taught in French (an English track is open in Year 1 and Year 2) it is crucial you have a good command of French. Brush up on your French in the summer. Note there is no French taught in the summer in Supélec.

Year 1 is divided into sequences 1 to 4. Year 2 is divided into sequences 5 to 8.

More information is available in French and English on [http://www.supelec.fr/fi/](http://www.supelec.fr/fi/)

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**RULES AND REGULATIONS**

**Class schedule is:**
8:45 am to 12:00pm. Break at 10:15am
1:30pm to 4:45pm (depending on elective course).
Break at 3:00pm
Thursday afternoons are free and dedicated to sport or language courses.

**Grading systems:** grades obtained at exams are out of 20.
Supélec GPA is out of 4.
Supélec uses the ECTS. 60 credits are generally allocated for one typical year in Supélec and are distributed as follows:
- Core courses: 3 credits
- Lab work: 1 credit
- Project: 4 credits
- Electives (outside sport & languages) 2 credits

**Attendance:** you are expected to attend class and examinations and complete assignments. A grade 0 will be given for every unjustified absence. It is your responsibility for providing satisfactory evidence to justify your absence. Make sure you have informed the following departments and bring justification:
- Logistics (see map p.11) “Bureau Logistique”) for absence dealing with every course but a language course
- Language Department for absence dealing with a language course
- The P.E Department for absence dealing with a sport class
If you have to be absent from school for any reason other than illness, permission must be sought from Academic Affairs Deputy Deans for year 1, 2 or 3.

**Exams** take place at the end of each period or sequence in November, January, April and June.
Retake exams are organized early June. They ONLY deal with core courses. No retake exam is possible for electives.
You may be eligible to retake an exam if you have obtained less than a 07/20 grade at an exam and if your average grade for core courses exams is 10/20 or more.
Disciplinary procedures:
- Cheating (e.g., copying from another student’s test, using unauthorized materials during a test, using a cell phone etc)
- Plagiarism (e.g., the act of passing off some other person’s ideas as one’s own)
- Disruptive behaviour (e.g., personal insults, physical threats, refusal to comply with faculty direction)

are subject to disciplinary action and sanctions.

Email it is your responsibility to obtain a Supélec student email account and check that address on a regular basis. After signing the Supélec IT Charter in the Students Affairs office, you will be given an email address, which goes firstname.lastname@supelec.fr as well as a login and a password.

Club Rézo will help you have internet access inside your rooms upon arrival. Your Supélec email account will automatically be deactivated one month after the award-degree jury has met and you have graduated.

Getting back to class in September 2013:
It is imperative you be present on the following dates (if unable to attend, please contact the International Affairs Office: international@supelec.fr or the Academic Affairs Office: direction.de@supelec.fr)

All important information will be given to you on these dates (presentation of the school, rules and regulations, email address, course registration, etc).

A Supélec tour will be organized late September with the help of students from Cercle Europe-BEST association.

An integration weekend will be organized on the first week end of September. Do not miss out, it will be a great opportunity to meet new friends and discover associations and clubs.

Public Holidays for 2013/2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Holiday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 1</td>
<td>New Year’s Day</td>
</tr>
<tr>
<td>March 31</td>
<td>Easter</td>
</tr>
<tr>
<td>April 1</td>
<td>Easter Monday</td>
</tr>
<tr>
<td>May 1</td>
<td>Labor Day</td>
</tr>
<tr>
<td>May 8</td>
<td>1945 Victory Day</td>
</tr>
<tr>
<td>May 9</td>
<td>Ascension Day</td>
</tr>
<tr>
<td>May 19</td>
<td>Whitson</td>
</tr>
<tr>
<td>July 14</td>
<td>Bastille Day</td>
</tr>
<tr>
<td>August 15</td>
<td>Assumption Day</td>
</tr>
<tr>
<td>November 1</td>
<td>All Saints’ Day</td>
</tr>
<tr>
<td>November 11</td>
<td>1918 Armistice Day</td>
</tr>
<tr>
<td>December 25</td>
<td>Christmas Day</td>
</tr>
</tbody>
</table>

School breaks

France is divided into 3 geographical areas for school holidays:

- Rennes, Metz are Area A or zone A
- Aix, Marseille are Area B or zone B
- Paris, Versailles are Area C or zone C

Gif-sur-Yvette campus belongs to zone C.

Underneath are the dates for Supélec breaks for AY 2013/2014 (Gif campus):

<table>
<thead>
<tr>
<th>Break</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christmas Holidays</td>
<td>Friday December 20, 2013 (after class) to Monday January 6, 2014 (in the morning)</td>
</tr>
<tr>
<td>Winter break</td>
<td>Friday February 21, 2014 (after class) to Monday March 3, 2014 (in the morning)</td>
</tr>
<tr>
<td>Spring break</td>
<td>Friday April 11, 2014 (after class) to Monday April 28, 2014 (in the morning)</td>
</tr>
<tr>
<td>Ascension Day break</td>
<td>Wednesday May 28, 2014 (after class) to Monday June 2, 2014 (in the morning)</td>
</tr>
</tbody>
</table>
Suggested reading list:
For those of you arriving in Year 2 we strongly advise you some of the following reading in order to prepare for the toughest courses. These books are available, upon request, at the library:

1. Représentation Et Analyse Statistique Des Signaux (RASS)

2. Signal et Communication

3. Composants A Semi Conducteurs

4. Méthodes Numériques Et Optimisation (MNO)

French courses:
French courses (beginner, intermediate and advanced) are offered to international students. As the majority of Supélec core and elective courses are taught in French a satisfactory level of French is required (European Standard B2).
Though Supélec does not offer French courses over the summer, you may want to take classes at one of the following centers in the Paris area and in Brittany (west of France) for a brush-up:

- CHAMBRE DE COMMERCE ET d'INDUSTRIE in Paris
- EPF in Sceaux
- ALFAP in Bures-sur-Yvette. Tel : +33 (1).64.46.18.59.
- LANGUE ET COMMUNICATION (RENNES) HTTP://LANGUEETCOMMUNICATION.COM/CONTENT/VIEW/1/2/
- UNIVERSITE D'ETE – CIREFE (RENNES): HTTP://WWW.UNIV-RENNES2.FR/CIREFE TEL.: +33 (0)2 99 14 13 01
If admitted into Supélec, you will have received an acceptance package (including housing forms) sent to you by the Admissions team late July 2013. The offer acceptance will have to be sent back by regular mail while our school is out for the summer (July 26-Aug. 20, 2013).

DO NOT USE EXPRESS MAIL TO POST YOUR ACCEPTANCE LETTER. IT WILL BE AUTOMATICALLY RETURNED TO YOUR ADDRESS AFTER A FEW DAYS.

**TUITION FEES**

If your university does not have an exchange agreement with Supélec (such as Erasmus program or others) you will have to pay for the tuition fees. The fees quoted hereunder apply to the 2013/2014 academic session.

<table>
<thead>
<tr>
<th>Supélec degree programs</th>
<th>Registration fees</th>
<th>Additional fees (e.g. handouts)</th>
<th>Total Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diplôme d’ingénieur degree</td>
<td>€ 1.225</td>
<td>€ 955</td>
<td>€ 2.030</td>
</tr>
<tr>
<td>Diplôme de spécialisation degree</td>
<td>€ 5.490</td>
<td>€ 955</td>
<td>€ 6.000</td>
</tr>
<tr>
<td>Master Recherche degree*</td>
<td>Appr. € 255</td>
<td>Appr. € 245</td>
<td>Appr. € 500</td>
</tr>
<tr>
<td>Doctorat degree*</td>
<td>Appr. € 385</td>
<td>may vary</td>
<td>Appr. € 385</td>
</tr>
</tbody>
</table>

*fees can be subject to change as of September 2013

Students are expected to pay all financial obligations to Supélec upon arrival in September (in Student Affairs Office). Students will not be able to progress or obtain their degrees unless all fees have been paid in full.

**Learning Agreement**

Before the beginning of your program in Supélec, you will have discussed the list of necessary courses/credits to choose with your home university’s exchange coordinator. Bring this document to Supélec International Affairs Office (see map p. 11). The exchange coordinator will sign and return it to your home institution.
OFFICES

Underneath is the list of offices you will most likely deal with as well as useful contacts:

<table>
<thead>
<tr>
<th>Academic Affairs</th>
<th>International Affairs</th>
<th>Students Affairs</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Academic Affairs" /></td>
<td><img src="image2" alt="International Affairs" /></td>
<td><img src="image3" alt="Students Affairs" /></td>
</tr>
<tr>
<td>Dealing with:</td>
<td>Dealing with:</td>
<td>Dealing with:</td>
</tr>
<tr>
<td>Transcripts, degrees, courses, student cards, exams, juries</td>
<td>Incoming/outgoing students, questions, problems, relationships &amp; development with partner universities, validation of learning agreements</td>
<td>Tuition fees, health insurance, residence permit, visa, allowances</td>
</tr>
<tr>
<td>Office # A2-21</td>
<td>Office # A2-07</td>
<td>Office # A2-12 &amp; A2-13</td>
</tr>
<tr>
<td>Contact: Ms. Suraud</td>
<td>Contact: Mr. Lhermitte Ms. Chretien Ms. Marcy</td>
<td>Contact: Ms. Steinmetz (year 3) - Ms. Amet (year 2) Ms. David (year 1)</td>
</tr>
<tr>
<td>Email: <a href="mailto:direction.etudes@supelec.fr">direction.etudes@supelec.fr</a></td>
<td>Email: <a href="mailto:international@supelec.fr">international@supelec.fr</a></td>
<td>Email: <a href="mailto:pascale.steinmetz@supelec.fr">pascale.steinmetz@supelec.fr</a> <a href="mailto:laetitia.amet@supelec.fr">laetitia.amet@supelec.fr</a> <a href="mailto:Sophie.david@supelec.fr">Sophie.david@supelec.fr</a></td>
</tr>
</tbody>
</table>
ADJUSTING TO A NEW ENVIRONMENT

Going abroad for a semester or the duration of your studies is a great experience. At times, however, the confrontation with a foreign culture can be challenging. Studying abroad is a learning experience in every sense of the word: besides your scholastic learning, you will also get to know a new culture and a new way of living (French). The process of learning about a new culture and finding your place in a new environment can be confusing and frustrating. The best way to deal with this and find out about something you do not understand is to ask questions. Our offices (International Affairs, Student Affairs and Academic Affairs) are located in Wing A A2-02, A2-12 and A2-21 (see p.11).

CULTURE SHOCK AND ADJUSTMENT

Culture shock is a normal phenomenon on your way to adjusting to a new environment. When the excitement about being in a foreign country wears off, cultural differences can become overwhelming. You might think your language skills are inadequate or you might be struggling with course work or you might have difficulties interpreting other people's behavior. There are a variety of symptoms of culture shock: fatigue, nervousness, stress and frustration. One way to overcome that and quickly adjust to your new environment is to join the students’ associations and clubs on campus.

RECREATION

You can join approximately 20 associations of which Cercle Europe, BDE, Cheer Up, Esperance en Béton, Supélec Promo, CC+ (more info on: www.rez-gif.supelec.fr) or approximately 40 clubs of which Cine Club, Poker, Sono, Foot, Club Photo (more info on: www.rez-gif.supelec.fr).

The Gala which takes place in October is a highlight of the Supélec student’s life (the ground floor of the main building turns into a giant dance floor)

Please note that the EUROPEAN CITIZENSHIP IS REQUIRED to join the Junior Enterprise association.

The Centrale Supélec Forum takes place mid December and is host to numerous prestigious French and foreign companies. This one-day huge career fair is a must you cannot want to mis
**SOCIAL AND CULTURAL LIFE (in French)**

**PARIS INSOLITE (Unusual Paris)**

**Paris Rive Gauche à travers ses passages couverts** (Environ 7 kms au départ de Châtelet (RER B – plan et détails de visite fournis – gratuit).

Découvrir les passages couverts c’est se plonger dans un Paris d’un autre siècle. Cette flânerie vous fera quitter le Paris moderne rythmé par la vitesse et le bruit pour un univers désuet où l’on prend son temps pour déambuler à l’abri (tous les passages couverts ont une verrière qui laisse passer la lumière et offre une grande clarté), au calme et découvrir des boutiques « rétro ».

**Paris et ses villages du 11è, 19è et 20è arrondissements, de la Bastille aux Buttes Chaumont** (Environ 15 kms au départ de Métro Bastille (L.8,5,1 – plan et détails de visite fournis – gratuit)

Cette balade vous entraînera côté est de Paris. Dans un Paris populaire, au passé campagnard et ouvrier, c’était au 19ème siècle. L’itinéraire proposé part de la Bastille, traverse le faubourg Saint-Antoine, rejoint le Père Lachaise, continue sur Belleville et Mûnilmontant, pour terminer par les Buttes Chaumont.

**Paris d’Hier à Aujourd’hui - Marais – Bastille – Promenade plantée – Bercy Village** (Environ 11 Kms au départ de Châtelet (RER B)

Voici une balade composée de trois parties qui vous mènera du Paris moyenâgeux : le Marais avec ses vieilles façades ; au Paris rénové, réhabilité : quartier de la Bastille et le village de Bercy.

**PARIS ET SES MARCHES (Paris’s markets)**

Paris regorge de marchés traditionnels et en fait ceux-ci représentent le meilleur moyen, et le plus typique de saisir le véritable esprit, la véritable âme d’une ville.

**Le Marché des Enfants Rouges/ Le plus vieux marché de Paris**

Vendredi, samedi : 8 :30-13h 16 :00 à 20 :00 - Dimanche : 8 :30 à 14 :00


**Le marché d’Aligre : Métro Ledru-Rollin (L.8)**

Le marché d’Aligre est resté l’un des plus animés et sympathiques des marchés alimentaires parisiens. Il comprend un marché couvert et des forains installés le long de la rue d’Aligre. Il s’étend sur la rue et la place d’Aligre entre le faubourg Saint-Antoine au Nord et la rue de Charenton au Sud. Il attire les Parisiens de tous les arrondissements, parce qu’il est pittoresque et affiche les prix les moins chers de la capitale, avec le marché de Belleville.

L’ambiance est étonnante, les primeurs sont très nombreux sur toute la rue d’Aligre, tous chantent ou crient ! - des prix incroyables.

Le dimanche matin, la foule est au rendez-vous, pour ce concert de bonnes affaires.

**Le Marché aux Puces de Saint-Ouen** : (Porte de Clignancourt (L.4) - Samedi et Dimanche)

Le Marché aux Puces regroupe aujourd’hui 15 marchés dotés d’une offre et d’une ambiance unique. Véritable carrefour de l’art regroupant antiquaires, commerçants, créateurs, designers, artisans et artistes, chargé d’histoire, le Marché aux Puces est également un puissant site économique.

**Le Marché aux Fleurs – Ile de la Cité Métro St Michel (RER_B ou L.4)**

Installé depuis 1808, ce marché binoculaire s’abrite sous d’agréables pavillons métalliques. Il propose une offre très diversifiée de fleurs, de plantes et d’arbes. Le dimanche, le tableau est complété par le Marché aux Oiseaux, où l’on trouve des espèces rares.
A LA DECOUVERTE D’UN PARIS IMPRESSIONNISTE (Discovering Impressionistic Paris)

**Musée de l’Orangerie des Tuileries – Métro Concorde (L.12) – 9 :00 à 18 :00**


En 1920, l’Orangerie du jardin des Tuileries est choisie par Claude Monet pour accueillir le cycle des Nymphéas que le peintre vient de donner à l’État.

**Musée d’Orsay – La Galerie Impressioniste – Métro Solférino (L.12) ou RER C Gare d’Orsay – 9 :30 à 18 :00**


**Giverny – Monet’s house** - **By train** : The Vernon station is located on the main line Paris / Rouen / Le Havre. It starts from the Saint-Lazare Paris station (L.12) (which has not changed much since Monet painted it). The fastest trains complete the journey in less than 45 min. In the Métro, take the SNCF - Grandes Lignes exit. Buy a ticket to Vernon. The Rouen line departs from the right side of the platform, in the 'Grandes Lignes' section.

If you arrive before 9.30, you can walk from Vernon to Giverny

Train schedules (through the French railway company web site)

In Summer discover the beautiful Eure Valley in an ancient train.

Billet jumelé Musée de l’Orangerie - Musée d’Orsay : tarif unique : 14 €
Pass Orangerie - Giverny : tarif unique : 16.5 €

PARIS ET SES GOURMANDISES (Paris’s culinary delights)

**Ladurée** : 16 Rue Royale 1er – Métro Concorde ou Madeleine (L.12) - Grands macarons 3.40 € l’un & petit macaron 1.30 € l’un.

**Angelina** : 226, Rue de Rivoli 1er – Métro Tuileries (L.1) - Pâtisserie 7 € l’une

Depuis plus d’un siècle, le salon de thé Angelina s’est imposé comme un haut lieu des plaisirs gourmands parisiens. Le décor, conçu par le célèbre architecte de la Belle Époque Edouard-Jean Niermans, méle élégance, charme et raffinement. Angelina reste un lieu unique pour savourer le fameux chocolat et l’inéarrable Mont Blanc dont les secrets centenaires restent bien gardés.

**L’Atelier des Chefs**

Cours de cuisine – 1 heure – 2 recettes

En 60 minutes, préparez un plat et un dessert avec un Chef - +/ - 40 €

**L’Oenoclub** - 1h30

Des dégustations de vins du monde aux régions de France, découverte du vin autrement grâce à des sommeliers professionnels et passionnés +/ - 36 €
“A” AS IN …

Amphitheatres are named after famous French scientists
Janet (North Entrance),
Boucherot, Blondel, Ferrié, Mesny, Ampère (South Entrance)
Amphitheaters F3-05 & F3-06: wing F -see map p.11
In upper floor:
F3-05 is to your left / F3-06 is to your right

Cinema in Orsay, Palaiseau, Les Ulis 2, Vélizy,
Versailles or Paris (non-dubbed or V.O. in Odéon,
Les Halles & Champs-Elysées areas) – Prices are
about 6 € to 10 €.

Coffee and drinks are available at the cafeteria and in
the Residences (ground floor).

Common sense: use your common sense. When in a
foreign country, be extra careful and do not do
things you would not usually do at home.

Emergency:
SAMU 91 (the paramedics): 15
The Police: 17
The Fire Department: 18
European emergency number: 112

Medical Assistance (night and holiday time):
01.69.07.47.18
Whatever the emergency and whatever the time,
do not forget to inform the residence Manager
by calling: 01.69.85.15.98

Centre Hospitalier d'Orsay: 4 place du General
Leclerc. PB 27 91401 Orsay, Cedex.
Orsay Hospital: 01.69.29.75.75
Surgery/psychiatry/earspecialist/traumatology/inten
sive care/gastro-enterology/gynecology/sonogram

Clinique de l'Yvette: 43 route de Corbeil. 91160
Longjumeau: 01.69.10.30.30
Surgery/ hand surgery/gastro-enterology/
gynaecology/sonogram/scan

Fax receiving: International Affairs fax:
+33.1.69.85.12.48.

Pharmacy:
Pharmacie du Centre Ville
11 places du Marché Neuf. 91190 Gif-sur-Yvette.
tel: 01.60.12.05.07
Pharmacie du Guichet
49 rue Charles de Gaulle 91400 Orsay. tel:
01.69.28.53.59

Photocopying: in the Court Circuit Club room (in front
of the BDE or Student's Board). Cards bought from
the BDE (10€-100 copies).
In the library. Cards can be bought in the library. 10
cents a copy.
In Junior Entreprise Association room (to the right of
the BDE). 10 cts a copy. No card needed.

Pizza delivery: Royale Pizza 01.69.31.39.75.

Pre-departure precaution: do not forget

- Your passport and visa. Make copies of
  them and save them apart from your
  originals in case of loss
- Check if your credit cards and ATM cards
  can be used in France and Europe
- Verify that your electrical equipment is
  220V
- Your European health card if any
- Your medicine ingredients. Brands are
different in France
- A dozen (35 x 45 mm) bare-headed, white
  background pictures
- Address list of Supélec, friends and family,
  embassy of the country you are from
**RATP:**
http://www.ratp.fr/en/ratp/e_21879/tourists/  
(Metro network in Paris)

**Savoir-vivre:** you say *Salut!* (“hi”) to students. *Bonjour Monsieur, Bonjour Madame* (to someone older you do not know). You say *Tu* to someone you know and *Vous* to the others. You generally shake hands with people you do not know and may kiss the others on the cheeks (*faire la bise*). Avoid calling someone home after 10:00pm. Call if you are late or cannot make an appointment.

**SNCF:**
(French railroad company and network)

**Stamps:** Post office inside Supélec building.

**Supermarkets in the area:** Supermarché Franprix in Orsay (access by bus)  
To get there: take RER B from Le Guichet and get off at Courcelles Gif-sur-Yvette (south). Intermarché is very close to the RER train station. See map on link below. See map below.

http://maps.google.fr/maps?q=intermarch%C3%A9+gif+sur+yvette&hl=fr&ie=UTF8&fb=1&gl=fr&hq=intermarch%C3%A9&hnear=0x47e5d58117f6550x40b82c3688b4620,Gif-sur-Yvette&cid=0,0,11725679191779567773&t=m&z=16

**Office du Tourisme de Paris:** www.parisinfo.com  
**Tourisme en Essonne:** www.tourisme-essonne.com
GROCERY SHOPPING

There is a supermarket in Orsay. You can ride the bus to get there.
-Go to the bus stop right in front of the entrance of Supélec, take bus n°269.02 heading to “les Ulis lycée Essouriau / le guichet”. Get off at “Orsay Hotel de Ville” and walk 200 m
-Every 25 mn on weekdays, every hour on Saturdays
-Fare: 1.70€ if you take a regular transportation ticket at a ticket machine (credit card/cash), 2€ (cash only) inside the bus.
http://www.metro-pole.net/hor/fiche/9169.01.html (bus schedule)

Les Ulis 2 is a shopping centre with a huge supermarket (food, home and TV equipment, clothes…), pharmacy, bank, cinema, phone store, hairdresser’s, optician, restaurants, shoes, clothes…. check the website http://www.ulis2.fr
-Take bus n°9 at the stop “Supélec” and get off at the final stop “CC Ulis 2”
-Every 20 min; every day except on Sundays
-Fare: 1.70€ if you take a regular transportation ticket at a ticket machine (credit card/cash), 2€ (cash only) inside the bus.